



A Brief Guide to Baptism

Infant Baptism Preparation for Parents and Godparents

Our Lady Help of Christians

Roman Catholic Parish Church

Luton | Bedfordshire | LU1 3AG

Preparing for Baptism

Preparing for your child's Roman Catholic baptism involves several steps, both practical and spiritual, to ensure a meaningful ceremony that aligns with the church's teachings and traditions. This brief guide will help you to prepare for the Sacrament of Baptism.

Contact Your Parish

Early Planning: It is advisable to contact your parish as soon as possible, ideally several months before the desired baptism date. Baptism preparation requirements can vary from one parish to another. You should contact your priest, in the first instance.

Scheduling: Discuss potential dates for the baptism. The parish may have specific days and times set aside for baptisms.

Baptism Preparation Classes

For Parents and Godparents: We require parents and godparents to attend a baptism preparation class. These classes cover the sacrament's significance, the responsibilities of godparents, and how to raise your child in the Catholic faith.

Registration: You may need to register for these classes in advance. Contact your parish office for details.

Choosing Godparents

Requirements: Godparents play a vital role in your child's spiritual life. The Catholic Church typically requires at least one godparent to be a baptised, confirmed, and practicing Catholic who is at least 16 years old. It is common to have two godparents (a godfather and a godmother), but only one is necessary.

Role and Responsibility: Choose individuals who will take an active role in your child's spiritual development.

Documentation

Birth Certificate: You will need to provide a copy of your child's birth certificate to the parish.

Godparents' Confirmation: You may be required to provide proof of godparents' sacraments (baptism, confirmation, and if married, marriage in the Catholic Church).

Planning the Ceremony

Outfit: Traditionally, the child wears white to symbolise purity. This can be a gown, suit, or another outfit.

Ceremony Details: Discuss with the priest or deacon conducting the baptism about any specific roles you or the godparents might have during the ceremony. Some families also choose readings or prayers.

Spiritual Preparation

Prayer: Spend time in prayer for your child and for the godparents, asking for God's guidance and blessings on this journey.

Reflection: Reflect on the significance of baptism in your life and how you will nurture your child's faith.

Celebrating the Sacrament

Invitations: Once the date is set, consider inviting family and friends to the ceremony and any celebration you may have afterward.

Photography: Check with your parish about their policy on taking photos or videos during the ceremony.

Post-Baptism

Certificate: You should receive a baptism certificate from the parish as an official record of the sacrament.

Spiritual Growth: Continue to foster a Christian environment at home and participate in parish life and activities.

Remember, the baptism is just the beginning of your child's spiritual journey. Engaging in your parish community and providing a faith-filled home environment are crucial for nurturing your child's relationship with God.

The Meaning of Baptism

The Sacrament of Baptism for an infant holds deep theological significance and encompasses several spiritual and communal implications; for an infant, it is foundational for spiritual life, marking the beginning of a journey of faith, belonging to the community of believers, and living under the guidance of God's grace and the Holy Spirit.

For more information about the Sacrament of Baptism, join us at the OCIA, visit: <https://www.olhc.uk/Baptism.html>

